



Email sent to members dated 20/03/2020

Kia ora koutou,

COVID-19

We acknowledge this is a difficult time we are all facing with the COVID-19 virus and the implications on all areas of life. It is a time when we can be role models in how to remain calm and grounded for ourselves, our whanau and our clients, even though we also may be experiencing anxiety and uncertainty. Attached there are documents related to COVID-19.

- Guidelines for practice
- Managing anxiety resource

We are aware branches may need to continue to meet and we are recommending you continue to follow the Ministry of Health and Government guidelines as they unfold. This may mean online meetings become the best options.

Please seek advice from your own local technology experts, National Office does not have the capacity to help with tech support.

National Office

Our Executive Officer has finished and we are not anticipating having someone in this position for the next few weeks. Debbie North, Membership Manager is in self-isolation for the next 2 weeks. National Office is under-resourced and doesn't have the capacity as it normally would to respond to queries or requests from our membership. Therefore if it is not important please keep your contact with National Office to the minimum. We are working on a plan in case other staff will need to work remotely. And of course, the worry about the virus adds to the pressure on our staff. We will continue to keep you updated, with any changes.

Website:

The CPD record and plan is now online, please see the attached document for more information. The NZAC Website is continually being updated with documents and information. We will also be uploading 'How to do... videos' which will help you to navigate your way around the site.

We encourage you to look after yourself, and your whanau, keep aware of the Ministry of Health guidelines, support each other and clients through modelling calmness, caring and compassion.

Noho ora mai,

Christine Macfarlane and Gay Puketapu-Andrews
President and Te Ahi Kaa